

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cobbaert Griet HEADCOACH

Coaches: Houtevelt Kyllian

Coaches: Kieckens Ymke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/2 Lane : 2 Athlete: LUBOWICKI ADA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+							Heat:1, starttime: 14:10	
Heat: 1/5 Lane : 1 Athlete: HEREMANS MARIE							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M		7 5 M		1 0 0 M	
PB			no time				no time	
	no time							
								

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+							Heat:1, starttime: 14:10	
Heat: 1/5 Lane : 3 Athlete: DE MEY MEREL							Q-time: 01:47:23	
PB (25m pool): 01:47.23 Ternat 14/12/2025				PB (50m pool): no time SB: 01:47.23 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:47.51		01:47.23				
	00:47.51		00:59.72					
								

Coach feedback:

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Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 14:10
Heat: 1/5 Lane : 5 Athlete: VAN DER VEKEN LARA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:13
Heat: 2/5 Lane : 2 Athlete: VEIRMAN LOTTE					Q-time: 01:36:23
PB (25m pool): 01:36.23 Vilvoorde 18/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.38		01:36.23	
	00:46.38 00:49.85				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:13
Heat: 2/5 Lane : 3 Athlete: MUYLEAERT YAELE					Q-time: 01:33:25
PB (25m pool): 01:33.25 Sinbad 12/01/2025 PB (50m pool): 01:38.22 SB: 01:35.22 LEUVEN 22/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.47		01:33.25	
	00:42.47 00:50.78				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:13
Heat: 2/5 Lane : 6 Athlete: VAN DER POORTEN ELIEN					Q-time: 01:46:93
PB (25m pool): 01:46.93 Ternat 14/12/2025 PB (50m pool): no time SB: 01:46.93 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.93		01:46.93	
	00:47.93 00:59.00				
					

Coach feedback:

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Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 14:15
Heat: 3/5 Lane : 5 Athlete: VAN LIERDE LANA					Q-time: 01:28:33
PB (25m pool): 01:17.81 WAREGEM 10/04/2023					PB (50m pool): 01:18.71 SB: 01:28.33 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.81	
	no time				
					

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:1, starttime: 14:21	
Heat: 1/5 Lane : 2 Athlete: VAN DEN BORRE NICK							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:1, starttime: 14:21	
Heat: 1/5 Lane : 3 Athlete: VERMEIR CAENE							Q-time: 99:99:99	
PB (25m pool): 06:13.50 Sint-Niklaas 11/01/2026			PB (50m pool): no time SB: 06:13.50 Sint-Niklaas 11/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:26.29		no time		03:00.88
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:13.50
								

Coach feedback:

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Event number: 3: 400M FREESTYLE MEN 11+							Heat:2, starttime: 14:28	
Heat: 2/5 Lane : 2 Athlete: ASSELMAN JEFF							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:4, starttime: 14:42	
Heat: 4/5 Lane : 6 Athlete: ANCOLET MATS							Q-time: 05:42:49	
PB (25m pool): 05:42.49 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): no time SB: 05:42.49 Sint-Pieters-Leeuw 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.36		01:20.85		no time		02:49.67
	00:37.36		00:43.49					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		04:19.06		no time		05:42.49
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:5, starttime: 14:49	
Heat: 5/5 Lane : 5 Athlete: TURF SANDER							Q-time: 04:54:57	
PB (25m pool): 04:54.57 Hannuit 29/11/2025				PB (50m pool): 05:10.63SB: 04:54.57 Hannuit 29/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:08.57		no time		02:25.74
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:54.57
								

Coach feedback:

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Event number: 4: 50M FREESTYLE WOMEN 18+						Heat:1, starttime: 14:54	
Heat: 1/1 Lane : 1 Athlete: DE BISSCHOP DIEDE					Q-time: 99:99:99		
PB (25m pool): 00:32.72 De Druppelteen 16/04/2023						PB (50m pool): 00:33.44 SB: no time	
	2 5 M		5 0 M				
PB			00:32.72				
	00:32.72						
							

Coach feedback:

Event number: 4: 50M FREESTYLE WOMEN 18+							Heat:1, starttime: 14:54	
Heat: 1/1 Lane : 3 Athlete: VERROKEN MIRTE							Q-time: 00:28:92	
PB (25m pool): 00:28.65 Leuven 17/10/2021							PB (50m pool): 00:28.92 SB: no time	
	2 5 M		5 0 M					
PB			00:28.65					
	00:28.65							
								

Coach feedback:

Event number: 4: 50M FREESTYLE WOMEN 18+							Heat:1, starttime: 14:54		
Heat: 1/1 Lane : 5 Athlete: DE BISSCHOP BENTE							Q-time: 00:33:88		
PB (25m pool): 00:33.88 Zaventem 16/02/2025							PB (50m pool): 00:36.04 SB: 00:35.08 Dilbeek 28/09/2025		
	2 5 M		5 0 M						
PB			00:33.88						
	00:33.88								
									

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+				Heat:2, starttime: 15:08	
Heat: 2/9 Lane : 1 Athlete: VANDE VELDE SIEN				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 15:08
Heat: 2/9 Lane : 3 Athlete: FAHY JULIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 15:08
Heat: 2/9 Lane : 5 Athlete: ANCOLET LAURE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:10
Heat: 3/9 Lane : 3 Athlete: FAHY EMMA					Q-time: 01:41:77
PB (25m pool): 01:41.77 Ternat 14/12/2025 PB (50m pool): no time SB: 01:41.77 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.77	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:12
Heat: 4/9 Lane : 1 Athlete: MUYLEAERT YINSE					Q-time: 01:38:80
PB (25m pool): 01:38.80 Liedekerke 11/11/2025 PB (50m pool): no time SB: 01:38.80 Liedekerke 11/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:38.80	
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:15
Heat: 5/9 Lane : 5 Athlete: HEREMANS DITTE					Q-time: 01:26:48
PB (25m pool): 01:26.48 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.48	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:17
Heat: 6/9 Lane : 6 Athlete: DEROOST BEAU					Q-time: 01:25:06
PB (25m pool): 01:25.06 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.06	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:19
Heat: 7/9 Lane : 2 Athlete: DE BISSCHOP LISSE					Q-time: 01:19:01
PB (25m pool): 01:19.01 Hannuit 18/01/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.01	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:21
Heat: 8/9 Lane : 2 Athlete: MATTHIJS XANTHE					Q-time: 01:17:42
PB (25m pool): 01:17.42 Liedekerke 01/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.42	
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:23
Heat: 9/9 Lane : 4 Athlete: VERROKEN MIRTE					Q-time: 01:10:14
PB (25m pool): 01:06.96 De Druppelteen 16/04/2023					PB (50m pool): no time SB: 01:11.20 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.96	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 15:27
Heat: 2/5 Lane : 5 Athlete: BLOMMAERTS MATHIS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 15:32
Heat: 4/5 Lane : 4 Athlete: LUBOWICKI OLIVIER					Q-time: 01:19:42
PB (25m pool): 01:19.42 Hannuit 29/11/2025					PB (50m pool): no time SB: 01:19.42 Hannuit 29/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.57		01:19.42	
	00:38.57 00:40.85				
					

Coach feedback:

Event number: 9: 50M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 15:51
Heat: 1/2 Lane : 4 Athlete: LUBOWICKI ADA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 10: 50M BREASTSTROKE WOMEN 11+				Heat:4, starttime: 15:58
Heat: 4/6 Lane : 3 Athlete: VAN LIERDE LANA				Q-time: 00:43:55
PB (25m pool): 00:43.47 Kapelle-op-den-Bos 14/04/2024		PB (50m pool): 00:45.99 SB: 00:43.55 Sint-Pieters-Leeuw 01/03/2026		
	2 5 M	5 0 M		
PB		00:43.47		
	00:43.47			
				

Coach feedback:

Event number: 10: 50M BREASTSTROKE WOMEN 11+				Heat:5, starttime: 15:59
Heat: 5/6 Lane : 5 Athlete: DE BISSCHOP DIEDE				Q-time: 00:42:63
PB (25m pool): 00:42.09 Overijse 27/11/2021		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		00:42.09		
	00:42.09			
				

Coach feedback:

Event number: 11: 50M BREASTSTROKE MEN 11+				Heat:2, starttime: 16:04
Heat: 2/5 Lane : 6 Athlete: BLOMMAERTS MATHIS				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:12
Heat: 1/6 Lane : 2 Athlete: VEIRMAN LOTTE					Q-time: 99:99:99
PB (25m pool): 01:38.97 Liedekerke 01/05/2023		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:38.97	
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:14
Heat: 2/6 Lane : 2 Athlete: VAN DER POORTEN ELIEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:19
Heat: 4/6 Lane : 1 Athlete: MUYLEAERT YAELE					Q-time: 01:31:84
PB (25m pool): 01:31.84 Vilvoorde 18/05/2025					PB (50m pool): 01:35.50 SB: 01:32.83 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.91		01:31.84	
	00:44.91 00:46.93				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:19
Heat: 4/6 Lane : 2 Athlete: HEREMANS MARIE					Q-time: 01:30:51
PB (25m pool): 01:30.51 Temse 21/12/2025					PB (50m pool): 01:43.84 SB: 01:30.51 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.90		01:30.51	
	00:43.90 00:46.61				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:19
Heat: 4/6 Lane : 6 Athlete: VAN DER VEKEN LARA					Q-time: 01:34:79
PB (25m pool): 01:34.79 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): 01:32.70 SB: 01:34.79 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.78		01:34.79	
	00:45.78 00:49.01				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 16:21
Heat: 5/6 Lane : 6 Athlete: DEROOST BEAU					Q-time: 01:23:50
PB (25m pool): 01:23.50 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): 01:20.66 SB: 01:23.50 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.77		01:23.50	
	00:40.77		00:42.73		
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:27
Heat: 2/6 Lane : 4 Athlete: VERMEIR CAENE					Q-time: 99:99:99
PB (25m pool): 01:34.95 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:34.95 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.95	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:27
Heat: 2/6 Lane : 6 Athlete: VAN DEN BORRE NICK					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:30
Heat: 3/6 Lane : 2 Athlete: ASSELMAN JEFF					Q-time: 01:41:71
PB (25m pool): 01:41.71 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:41.71 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.71	
	no time				
					

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 100M MEDLEY MEN 11+					Heat:4, starttime: 16:32
Heat: 4/6 Lane : 2 Athlete: ANCOLET MATS					Q-time: 01:28:31
PB (25m pool): 01:28.31 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:28.31 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.31	
	no time				
					

Coach feedback:

Event number: 16: 100M MEDLEY MEN 11+					Heat:6, starttime: 16:36
Heat: 6/6 Lane : 6 Athlete: TURF SANDER					Q-time: 01:13:71
PB (25m pool): 01:13.71 Kapelle-op-den-Bos 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.71	
	no time				
					

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+						Heat:1, starttime: 16:38		
Heat: 1/6 Lane : 2 Athlete: FAHY JULIE						Q-time: 99:99:99		
PB (25m pool): no time						PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:38	
Heat: 1/6 Lane : 3 Athlete: VANDE VELDE SIEN							Q-time: 07:57:15	
PB (25m pool): 07:57.15 Ternat 30/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:52.29		01:51.94		no time		03:54.27
	00:52.29		00:59.65					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:57.15
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:38	
Heat: 1/6 Lane : 4 Athlete: FAHY EMMA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:47	
Heat: 2/6 Lane : 1 Athlete: MUYLEAERT YINSE							Q-time: 07:20:18	
PB (25m pool): 07:20.18 Ternat 30/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:39.47		no time		03:32.43
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:20.18
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:47	
Heat: 2/6 Lane : 3 Athlete: DE MEY MEREL							Q-time: 06:46:78	
PB (25m pool): 06:46.78 Ternat 30/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:41.06		no time		03:27.56
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:46.78
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:47	
Heat: 2/6 Lane : 5 Athlete: ANCOLET LAURE							Q-time: 07:14:14	
PB (25m pool): 07:14.14 Sint-Niklaas 11/01/2026				PB (50m pool): no time SB: 07:14.14 Sint-Niklaas 11/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:40.75		no time		03:33.27
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:14.14
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:55	
Heat: 3/6 Lane : 1 Athlete: HEREMANS DITTE							Q-time: 06:05:16	
PB (25m pool): 06:05.16 Wildersportcomplex 16/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.42		01:23.86		no time		02:56.59
	00:39.42		00:44.44					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:05.16
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:55	
Heat: 3/6 Lane : 3 Athlete: DE BISSCHOP BENTE							Q-time: 05:56:45	
PB (25m pool): 05:39.13 Leuven 16/02/2020				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:39.13
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 17:02	
Heat: 4/6 Lane : 5 Athlete: MATTHIJS XANTHE							Q-time: 05:45:45	
PB (25m pool): 05:14.56 Tervuren 13/10/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:15.66		no time		02:37.29
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:14.56
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 17:08	
Heat: 5/6 Lane : 2 Athlete: DE BISSCHOP LISSE							Q-time: 05:23:93	
PB (25m pool): 05:23.66 Tervuren 13/10/2024				PB (50m pool): 05:59.21 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.24		01:15.61		no time		02:38.81
	00:36.24		00:39.37					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:23.66
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 18: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/2 Lane : 1 Athlete: LUBOWICKI OLIVIER					Q-time: 01:22:26
PB (25m pool): 01:22.26 Liedekerke 11/11/2025			PB (50m pool): 01:22.84 SB: 01:22.26 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.85		01:22.26	
	00:35.85		00:46.41		
					

Coach feedback:

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:1, starttime: 17:30	
Heat: 1/3 Lane : 3 Athlete: TEAM ZIOS 3							Q-time: 02:43:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:1, starttime: 17:30	
Heat: 1/3 Lane : 4 Athlete: TEAM ZIOS 4							Q-time: 03:00:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:33	
Heat: 2/3 Lane : 3 Athlete: TEAM ZIOS 2							Q-time: 02:30:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

CVB DDAT 03/26: Session: 93: COACH evaluation sheet for TEAM: ZIOS

Event number: 19: 4x50M MEDLEY WOMEN 11+							Heat:3, starttime: 17:36	
Heat: 3/3 Lane : 2 Athlete: TEAM ZIOS 1							Q-time: 02:17:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M MEDLEY MEN 11+							Heat:1, starttime: 17:39	
Heat: 1/2 Lane : 2 Athlete: TEAM ZIOS 2							Q-time: 02:55:00	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 17:43	
Heat: 2/2 Lane : 2 Athlete: TEAM ZIOS 1							Q-time: 02:17:50	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: